

WIFE | WEEK 01

Two Hearts, One Purpose

READ THE SCRIPTURE

Ephesians 5:21-24, 33; Proverbs 14:1; Colossians 3:12-14

PERSONAL DEVOTIONAL

Your voice and wisdom matter in the marriage God has given you. Biblical unity is not identical personalities or the loss of either spouse's gifts. Read Ephesians 5 in the light of verse 21, the call to reverence Christ and consider one another. Respect is not silence; it can include wise counsel, honest questions, and loving encouragement. Ask God to show you how to speak truth with gentleness and help build a home where both spouses can grow in grace.

REFLECT AND RESPOND

1. What command or example stands out in your passage?

2. How does that truth challenge your expectations about unity?

3. Where have pride or assumptions shaped your reactions?

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Two Hearts, One Purpose

4. What strength does your spouse bring that you could better honor?

5. What is one change the Holy Spirit is prompting you to make?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider biblical unity, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 02

Keeping Christ at the Center

READ THE SCRIPTURE

Matthew 6:33; John 15:4-5

PERSONAL DEVOTIONAL

Jesus tells His followers to abide in Him. A fruitful marriage cannot be sustained merely by busy activity, good intentions, or the expectation that your spouse will meet every emotional need. Abiding means staying close to Christ in prayer, obedience, and His words. Invite the Lord to shape the tone of your home through your own habits of worship and trust, even when your schedules differ.

REFLECT AND RESPOND

1. What does this passage teach about putting God first?

2. Which competing priority most often distracts you from Him?

3. What habit helps you remain rooted in Scripture?

Keeping Christ at the Center

4. How can you encourage faith without trying to control your spouse?

5. What one spiritual practice will you renew this week?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider a shared spiritual foundation, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 03

Speaking Life to One Another

READ THE SCRIPTURE

Ephesians 4:29-32; Proverbs 15:1

PERSONAL DEVOTIONAL

Ephesians teaches that our words can build up and give grace to those who hear. Consider not only the words you use but the moment, tone, and intention behind them. Encouragement should be specific and honest. When a concern must be raised, choose language that protects dignity and invites understanding. Ask the Holy Spirit to expose sarcasm, assumptions, or unspoken resentment.

REFLECT AND RESPOND

1. Which instruction about words or listening is most needed in your life?

2. When do you become defensive or stop listening?

3. How can you express a concern truthfully and gently?

Speaking Life to One Another

4. What helpful word have you neglected to say?

5. How can you make space for a better conversation this week?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider communication shaped by grace, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 04

Choosing Love Every Day

READ THE SCRIPTURE

Colossians 3:12-14; 1 John 4:7-12

PERSONAL DEVOTIONAL

Colossians describes compassion, gentleness, patience, and above all love. These qualities are not reserved for easy days. They are especially needed when tiredness, disappointment, or ordinary routines leave little emotional energy. God's love for us becomes a well from which we draw, not a reward we must first earn from one another. Reflect on where love can become more intentional rather than automatic.

REFLECT AND RESPOND

1. Which description of love most challenges you?

2. How do your actions differ from what you say you value?

3. How does Christ's love shape your understanding of sacrifice?

Choosing Love Every Day

4. What does your spouse experience as genuine care?

5. What one loving act will you offer without expecting repayment?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider love beyond feelings, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 05

Grace Greater Than Our Mistakes

READ THE SCRIPTURE

Colossians 3:12-13; Romans 12:17-18

PERSONAL DEVOTIONAL

Forgiveness is a Christian calling, but it is not pretending pain did not happen. Colossians calls believers to compassion and patience alongside forgiveness. You can bring hurt honestly before God and communicate the impact of an offense without retaliating. Rebuilding trust often takes time and observable faithfulness. Ask the Lord for both a merciful heart and the wisdom to maintain appropriate boundaries where needed.

REFLECT AND RESPOND

1. How does God's mercy change how you approach a wrong?

2. Where might you need to admit fault without excuses?

3. What difference is there between forgiveness and restored trust?

Grace Greater Than Our Mistakes

4. What repair or boundary might be needed for healing?

5. What step toward honesty and peace can you take?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider forgiveness and reconciliation, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 06

When We Don't See Eye to Eye

READ THE SCRIPTURE

James 3:13-18; Romans 12:16

PERSONAL DEVOTIONAL

James contrasts earthly rivalry with wisdom that is pure, peaceable, gentle, and open to reason. Being open to reason means that listening can genuinely change your mind. When you disagree, ask whether your words invite problem-solving or push your husband into a defensive posture. Speak clearly and courteously; unity is not avoidance of every difficult conversation.

REFLECT AND RESPOND

1. What does humility look like when you strongly disagree?

2. What fears or preferences may be shaping your position?

3. What part of your spouse's view deserves understanding?

When We Don't See Eye to Eye

4. How can you refuse sarcasm, anger, or withdrawal?

5. What wise next step could you suggest without demanding it?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider disagreement without division, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 07

Learning to Pray as One

READ THE SCRIPTURE

1 Thessalonians 5:16-18; Psalm 62:5-8

PERSONAL DEVOTIONAL

The Psalms give honest language for fear, waiting, joy, and trust. You do not have to pray polished words to draw near to God. When you pray for your husband, ask to see him as God does: a person in need of grace, encouragement, and wisdom. Be willing to share a specific request and also to listen to his. Prayer builds intimacy when vulnerability is treated with care.

REFLECT AND RESPOND

1. What does this passage reveal about prayer and dependence on God?

2. What burden have you been carrying privately?

3. How might you pray for your spouse's good rather than your preferences?

Learning to Pray as One

4. What makes praying together difficult or encouraging?

5. What simple prayer habit can you begin?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider growing spiritual intimacy, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

Trusting God Through Every Season

READ THE SCRIPTURE

Isaiah 40:28-31; 2 Corinthians 4:16-18

PERSONAL DEVOTIONAL

Isaiah describes a God who does not grow weary and who renews those who wait upon Him. You may feel pressure to keep everyone encouraged while privately becoming exhausted. Scripture gives permission to acknowledge weakness and receive strength from the Lord. Ask how you can express hope without dismissing real grief or uncertainty, including the worries your husband may be carrying.

REFLECT AND RESPOND

1. What promise in your passage offers hope in difficulty?

2. How do you usually respond to uncertainty?

3. What worry do you need to entrust to God?

Trusting God Through Every Season

4. How can you support your spouse without trying to fix everything?

5. What faithful step is possible even without full answers?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider faith in hardship and uncertainty, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

Serving Instead of Being Served

READ THE SCRIPTURE

Galatians 5:13-14; Philippians 2:1-4

PERSONAL DEVOTIONAL

Paul tells believers to serve one another through love. Sometimes service is physical work; other times it is thoughtful attention, emotional support, or making room for rest. Consider whether you have quietly begun keeping score. The gospel frees you to give without turning every kindness into a transaction. A healthy marriage allows both spouses to receive help as well as offer it.

REFLECT AND RESPOND

1. How did Jesus or the early church demonstrate service?

2. What unseen work of your spouse do you overlook?

3. When are you tempted to keep score?

Serving Instead of Being Served

4. What does humble service look like with healthy boundaries?

5. What burden can you help carry this week?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider humility in everyday marriage, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 10

Faithfulness in the Little Things

READ THE SCRIPTURE

Proverbs 31:10-12; Titus 2:3-5

PERSONAL DEVOTIONAL

Proverbs portrays trust as a precious part of marriage. Rather than comparing yourself to an idealized portrait, ask how honesty and reliability can flourish in your specific life. A truthful conversation may be uncomfortable in the short term but strengthen security in the long term. Your identity rests in Christ, not in flawless performance, so you can admit failure and pursue change.

REFLECT AND RESPOND

1. What does Scripture connect with trustworthiness?

2. What small promise or habit needs your attention?

3. Where do honesty and consistency require courage?

Faithfulness in the Little Things

4. How can you own a failure without becoming defensive?

5. What dependable action will you take this week?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider trust, integrity, and commitment, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

Growing Closer Through the Years

READ THE SCRIPTURE

Song of Songs 2:10-13; Proverbs 31:25-28

PERSONAL DEVOTIONAL

The Song of Songs celebrates delight and affection within committed love. Seasons change, bodies age, and routines evolve, but tenderness and friendship can continue to grow. Reflect on how you and your husband have matured and what good gifts God has given along the way. Tell him something you admire today, not simply something you appreciated years ago.

REFLECT AND RESPOND

1. How does the passage invite gratitude or delight?

2. What shared memory brings you joy?

3. What new strength do you admire in your spouse?

Growing Closer Through the Years

4. Where has routine crowded out companionship?

5. How can you make time for friendship this week?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider friendship, gratitude, and joy, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES

WIFE | WEEK 12

Leaving a Godly Marriage Legacy

READ THE SCRIPTURE

2 Timothy 1:5; Proverbs 31:26-30

PERSONAL DEVOTIONAL

Paul recognizes sincere faith passed across generations in Timothy's family. Your influence may be more significant than you realize, including quiet encouragement, prayer, hospitality, mentoring, and faithfulness under pressure. You cannot control another person's response to God, but you can make His goodness visible. Reflect on what you hope others will remember about your marriage and your Savior.

REFLECT AND RESPOND

1. What does the passage teach about passing on faith?

2. What do your daily choices communicate about Jesus?

3. Who might be encouraged by your marriage?

Leaving a Godly Marriage Legacy

4. Which lesson from this series do you want to keep living?

5. What legacy-building practice will you begin?

WHAT GOD IS TEACHING ME

MY PRAYER

Father, thank You for Your Word and for the gift of my marriage. As I consider a faith worth passing on, reveal where my heart needs to change. Give me humility to admit my failures, courage to obey Your truth, and tenderness toward my spouse. Help me contribute to peace and faithful love today. Keep our eyes on Jesus, our Savior and example. In His name, amen.

MY PERSONAL PRAYER / NOTES